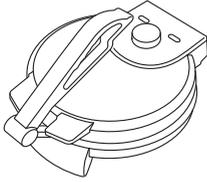


Operating Instructions

Model number: CRUSHMHSL



Warranty period: 12 months from date of purchase

※ The delivery note, receipt, etc. will serve as a warranty.

Safety Precautions

Please be sure to follow these rules

This explains the precautions that must be observed to prevent injury to the user or others, and damage to property. Please read this instruction manual carefully and fully understand it before use.

• Explanation of display



WARNING

This indicates that improper handling may result in death or serious injury.



NOTE

This indicates that improper handling may result in injury or property damage.

• The precautions you need to take are explained in the following categories:



Indicates prohibition (things that must not be done).



Indicates compulsory action (something that must be done).

- Be sure to observe the "Safety Precautions" to prevent accidents such as fire, electric shock, and injury.
- Please read all of these "Safety Precautions" carefully before use, and use the product correctly.
- After reading, be sure to keep it in a place where the user can see it at any time.
- If you lend the product to someone else, please give the instruction manual to them as well.

⚠ WARNING

• Handling of this product

Do not allow children to use the product alone, and do not use or store the product within reach of small children or pets.

Cause of accidents and injuries.

Do not disassemble, repair or modify the product.

May cause fire or electric shock.

Do not drop or subject to impact.

May cause electric shock or malfunction.

Use for purposes other than those described in the instruction manual

Cause of injury.

Do not insert fingers or metal objects such as pins or wires into holes, gaps or openings.

May cause fire, electric shock, and injury.

Do not use the product if the power cord is damaged or if the power outlet is loose.

May cause electric shock, short circuit, or fire.

Do not lick the power plug

May cause electric shock or injury.

Do not use in areas where water may splash, such as near water or in the bathroom.

May cause short circuit, electric shock, and fire.

Do not immerse the unit or power cord in water, pour water over it, or wash it with water or wash it completely.

May cause short circuits, electric shock, fire and malfunctions.

Do not insert or remove the power plug with wet hands.

May cause electric shock or injury.

Do not use with anything other than AC100V (100V only in Japan)

May cause electric shock, electricity leakage, and fire.

Do not damage the power cord. Do not use a damaged power cord.

Do not bundle, bend forcefully, damage, modify, place heavy objects on, pinch, pull, twist, or pull the cord to unplug it. (This may cause electric shock, leakage, or fire.)

⚠ WARNING

Unplug the power cord after use.

May cause fire or malfunction.



When cleaning, always unplug the power plug from the outlet.

May cause electric shock, fire, or malfunction.

Immediately discontinue use in the event of an abnormality or malfunction.

- If you hear an abnormal sound or smell something burning
- If the main unit or control panel is abnormally hot
- If the power cord turns on or off when you move it
- If you notice anything abnormal, please contact our support immediately.

⚠ NOTE

• Precautions for use

When cleaning, do not use hot water, organic solvents (benzene, thinner, petroleum, etc.), chemicals (bleach, disinfectant, etc.), abrasives, chemical cloths, metal scrubbers, or nylon scrubbers.

This can cause deformation, discoloration, and malfunction.

Do not use or store in the following locations:

- Places exposed to direct sunlight
- Humid places such as bathrooms
- Near water
- Dusty places
- Places with a lot of vibration
- Near heat-generating devices or open flames
- This may cause fire, electric shock, or breakdowns.

Do not move while in use

Cause of injury.

Not for commercial use

Cause of failure.

Do not use near walls or furniture

May cause discoloration and fire.

NOTE

● Precautions for use

Do not use the product on a heat-sensitive table, on a rug, or near flammable materials such as curtains.

May cause fire and discoloration/deformation of tables and rugs.

Do not heat the oven empty for a long period of time.

This can cause deformation and peeling of the surface coating.

Do not use for purposes other than cooking

Cause of fire.



Do not touch hot parts of the device during or for a while after use.

Causes of burns.

Do not leave the unit unattended while in use.

This can cause food to burn or catch fire.

Do not put too much ingredients in between the sandwiches.

This can cause ingredients to spill out or burn.

Do not use metal spatulas, skewers, knives, etc.

This can damage the surface coating and cause corrosion.

When opening the plate, be careful of steam and oil splashes.

It can cause burns and stains on walls and furniture.

Use a single AC100V outlet with a rating of 15A or higher.

May cause electric shock or fire.

Ventilate the room thoroughly during and after use.

It can cause the room to smell or make you feel sick.

After cooking, unplug the power cord and serve the food on a separate plate.

Leaving cooked food on the stove can cause it to burn.



Indoor use only

Causes of electric leakage and electric shock.

Work in a clean, safe and well-lit area

Cause of the accident.

Always clean after use

Cause of failure.

Install and use the product on a heat-resistant, flat, stable, and level surface.

May cause falls, damage, and fire.

Allow to cool before cleaning

Causes of burns.

NOTE

When carrying the unit, hold the handle.

A slip of the hand can cause injury.



Make sure to insert the power plug all the way in.

May cause fire or electric shock.

Wipe off any dirt on the power plug blades and the blade attachment surface.

May cause fire or electric shock.

When unplugging the power plug, always pull it out by holding the power plug and not by holding the power cord.

May cause electric shock or fire.

※ Items other than those listed are not included.

※ Damage to items caused by the use of this product is not covered by the warranty.

※ Keep out of reach of small children and do not use the product.

※ If you notice anything abnormal, stop using the product and contact the support center.

※ Failures, damage, modifications, etc. caused by customer negligence are not covered by the support warranty.

※ We are not responsible for accidents that occur when the product is not used correctly.

※ Specifications may change without notice for improvement purposes.

● If you think it might be broken?



○ If you would like to make an inquiry or request a repair

Please visit <https://www.thanko.jp/view/page/support> and contact us via the support page.

You can also access it by scanning the QR code on the left.

• SPECIFICATIONS

※ Specifications are subject to change without notice.

Size	Width: 255mm x Depth: 340mm x Height: 200mm
Weight	about 2.0kg
Power Supply	1000W
Rated Power Consumption	AC100V 50/60Hz
Temperature	about 45°C to 230°C
Safety Device	Thermostat temperature fuse
Material	Plate: Aluminum (Fluorine resin Coating); Resin: PF, PP
Cord Length	about 730mm
Set Contents	Main unit, Instruction manual
Warranty Period	12 months from date of purchase

• BEFORE FIRST USE

1) Caring for the plates

Wipe the top and bottom plates with a sponge or cloth dampened with lukewarm water.

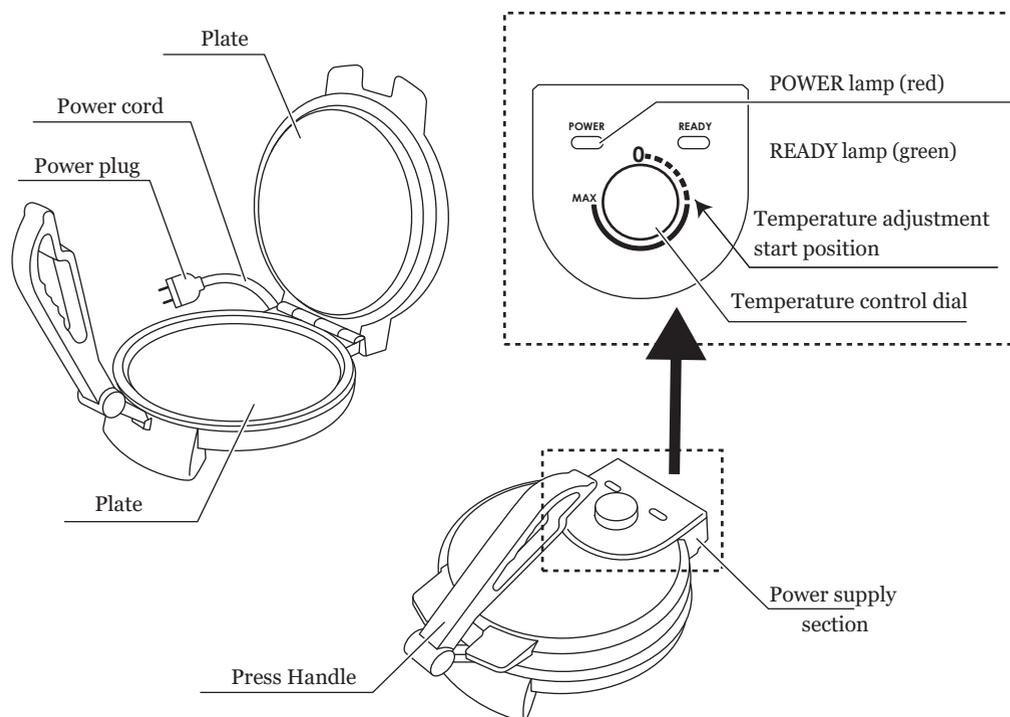
⚠️ ※ Do not immerse the unit in water or pour water directly onto the plate.

2) Bake empty

Run the oven empty to burn off any oil used in processing the product and to prevent burning. With the temperature adjustment dial set to 0, plug the power cord into the outlet. Make sure the POWER lamp is on, and with the plate open, set the temperature adjustment dial to [MAX]. Continue heating as is, and when the READY lamp lights up the oven empty is finished.

⚠️ ※ When preheating the oven empty, be sure to ventilate the room as the smell may make you feel sick.

• CONTENTS/PART NAMES



• HOW TO USE

1) Turn on the power and set the temperature control dial to your desired position to start heating.

With the plate closed, insert the power plug into the outlet. Turn the temperature adjustment dial from [Temperature adjustment start position] to [MAX] and heating will begin. After a few minutes, the set temperature will be reached and the READY lamp will light up.

⚠️ ※ A small amount of smoke or odor may be emitted during heating, but please do not worry as this is not a malfunction.

2) Set the plate to your desired temperature and place your ingredients on the plate.

Once the READY lamp turns on, you can start cooking. Adjust the temperature control dial between [Temperature adjustment start position] and [MAX] according to your desired cooking level.

Open the plate and place the ingredients on it. As a guide, the ingredients should be cooked flat, with a maximum diameter of approximately 8 cm and a thickness of approximately 3 cm. Place the ingredients slightly further back than the centre, as they will be pressed from the back.

If you want to cook slowly without browning, set the temperature control dial to between [Start temperature control position] and the middle position. If you want a crispy finish over high heat, set the temperature control dial to between the middle position and [MAX].

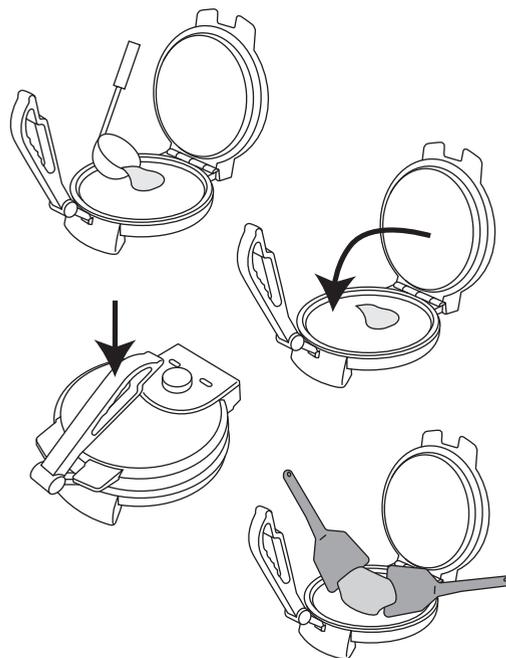
※ Applying oil to the plate, depending on the ingredients, will make the food easier to bite after cooking.

⚠️ ※ Please note that if there is a large amount of food or water, it may spill out of the plate.
 ※ The plate and main body (silver part) will become very hot. Please be careful not to get burned.

• HOW TO USE

3) Close the plate and cook the food.

Once you have placed the ingredients on the food, quickly close the plates. Use the press handle to press the ingredients between the upper and lower plates. Heating times vary depending on the ingredients and the set temperature, so adjust as necessary to achieve the desired doneness. Also, uneven cooking may occur depending on how hard you press. If the ingredients are not cooking evenly, open the plates and use a plastic spatula or chopsticks to flip the ingredients over.



- ※ Do not use ingredients that are difficult to crush when pressed, such as nuts or thick meats, as this may damage the unit.
- ※ During cooking, the READY light will turn on and off due to the operation of the thermostat.
- ※ The unit will become hot during cooking, so do not turn ingredients over with bare hands.
- ※ Do not use metal utensils when turning ingredients over. Also, do not use sharp objects as they may scratch the plate.

Examples of ingredients

- Octopus crackers (only Japanese octopus)
- Crispy baked cheese
 - Powdered cheese: 3 tablespoons
 - Olive oil: a little
- Onigiri (rice balls) Press onigiri made from rice that is seasoned throughout, such as fried rice or mixed rice
- Extra edition

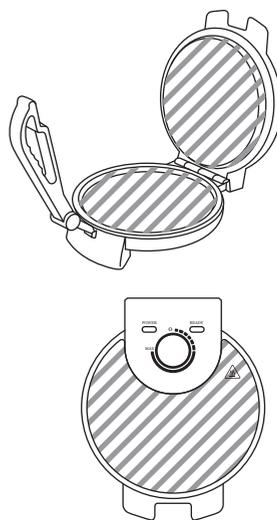
Press cheese steamed bread or hanpen (fish cakes)

Guideline for baking method

- **Ingredients with high moisture content:**
Cook quickly at high temperature
- **Ingredients with low moisture content:**
Cook slowly at low to medium temperature
- **Ingredients with high sugar content:**
Cook slowly at low temperature

Beware of high temperatures

※ The shaded areas in the diagram below become particularly hot, so please be careful.



※ Please be aware that the power supply may become hot depending on the conditions of use.

• HOW TO USE

4) Remove the cooked food

Once cooked, open the plate and remove the food. Use a plastic spatula or chopsticks to remove the food. If you want to cook multiple pieces at once, close the plate and make sure the READY light is on before starting to cook in the same way.



- ※ Do not use metal utensils to remove cooked ingredients. Also, do not use sharp objects as they may scratch the plate.
- ※ We do not recommend continued use after using extremely sticky ingredients or leaving burnt food for a long period of time.
- ※ The unit will become hot during cooking, so do not remove ingredients with bare hands.

• AFTER USE

1) Turn the temperature control dial to 0 and then unplug the power cord from the outlet.

When cooking is finished, set the temperature adjustment dial to 0. Unplug the power cord from the outlet. (This product does not have a power off switch.)

2) Allow the plate to cool

Open the plate to remove heat and allow to cool completely.

3) Wipe off dirt

Once the plate has completely cooled, wipe it with a dry cloth or paper towel.



- ※ Do not touch the main body or plate with bare hands until they have completely cooled.

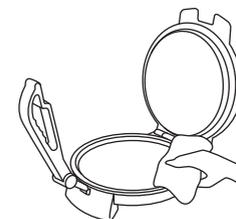
• CARE INSTRUCTIONS

Main unit

1. Wipe the main body with a dry cloth.
2. For areas other than the plate, soak a cloth in hot water with diluted detergent, wring it out tightly and wipe the area.
3. Wipe dry with a dry cloth or kitchen paper and allow to dry thoroughly.

Plate

1. Soak a cloth in hot water with diluted detergent, wring it out tightly and wipe the surface.
2. Wipe dry with a dry cloth or kitchen paper and allow to dry thoroughly.



- ※ Always clean after use as it may cause odor or malfunction.
- ※ Always unplug the power plug from the outlet before cleaning.
- ※ This product cannot be disassembled or washed. Do not pour water directly on it or immerse it in water.
- ※ Do not use the following items.
Boiling water, organic solvents (benzene, thinner, petroleum, etc.), chemicals (bleach, disinfectant, etc.), abrasives, chemical cloths, metal scrubbers, nylon scrubbers