

心 8

侘びと寂び 10

和敬清寂 和 12

和敬清寂 敬 14

和敬清寂 清 16

和敬清寂 寂 18

茶禅一味 20

花と花入 40

釜 炉の季節 44

釜と風炉 風炉の季節 46

茶碗 楽茶碗 48

茶碗 高麗茶碗 50

茶碗 和物茶碗 52

茶碗 色絵茶碗 54

茶筌 56

古帛紗 58

茶入 肩衝茶入 60

茶入の仕覆 62

薄器 64

茶杓 66

水指 68

建水 70

柄杓 72

茶巾 74

炭道具 76

香と香合 78

懐石 80

茶・菓子 22

抹茶 24

濃茶 26

薄茶 28

主菓子 30

干菓子 32

心を込めた菓子 34

茶道具 36

掛物 38

茶室・露地 82

露地 84

腰掛待合 86

円座と蓑盆 88

蹲踞 90

関守石 92

塵穴 94

躡口 96

茶室 98

床の間 100

床柱 102

壁 104

天井 106

点前座 108

季節の茶 124

口切 126

初釜 128

筒茶碗 130

名水点 132

朝茶事 134

葉蓋 136

名残 138

見送り 140

茶を頂く 116

足運び 118

帛紗さばき 120

柄杓の扱い 122

型 110

真行草のお辞儀 112

茶碗を回す 114

写真について、もうひとこと 142

茶趣と茶会暦 150

**Chashitsu • Roji – Tearoom, Tea Garden** 82

- Roji* – Tea Garden 84  
*Koshikake machiai* – Waiting Area 86  
*Enza and tabakobon* – Round Straw Mat and Tobacco Tray 88  
*Tsukubai* 90  
*Sekimori ishi* – Boundary-guard Stone 92  
*Chiriana* – Dust Hole 94  
*Nijiriguchi* 96  
*Chashitsu* – Tearoom 98  
*Tokonoma* – Alcove 100  
*Tokobashira* – Supporting Pillar 102  
*Kabe* – Wall 104  
*Tenjō* – Ceiling 106  
*Temaeza* 108

**Kata – Form** 110

- Shin Gyō Sō no Ojigi* – Bowing: *Shin Gyō Sō* 112  
*Chawan no Shōmen wo Tadasu* – Turning the Tea Bowl 114  
*Cha wo Itadaku* – Partaking of the Tea 116  
*Ashi Hakobi* – Walking 118  
*Fukusa Sabaki* – Folding the *Fukusa* 120  
*Hishaku no Atsukai* – Handling the *Hishaku* 122

**Kisetsu no Cha – Tea of the Season** 124

- Kuchikiri* – Breaking the Seal 126  
*Hatsugama* – First Tea Gathering of the Year 128  
*Tsutsu-jawan* – Cylindrical Tea Bowl 130  
*Meisui-date* – Ceremony using water from a Famous Spring 132  
*Asa Chaji* – Morning Tea Gathering 134  
*Habuta* – Leaf Lid 136  
*Nagori no Cha* 138  
*Mi-okuri* – Seeing Off the Guest 140

Supplementary information about the photos 142

Tea taste and tea event calendar 150

**Kokoro – Heart** 8

- Wabi Sabi* 10  
*Wakeiseijaku Wa* – Harmony 12  
*Wakeiseijaku Kei* – Respect 14  
*Wakeiseijaku Sei* – Purity, Cleanliness 16  
*Wakeiseijaku Jaku* – Solitude 18  
*Chazen Ichimi* – The Flavor of Tea and Zen is the Same 20

**Cha • Kashi – Tea, Sweets** 22

- Matcha* – Powdered Green Tea 24  
*Koicha* – Thick Tea 26  
*Usucha* – Thin Tea 28  
*Omogashi* – Main Sweet 30  
*Higashi* – Dry Sweet 32  
 Sweets from the Heart 34

**Chadōgu – Tea Utensils** 36

- Kakemono* – Hanging Scroll 38  
*Hana to Hana-ire (Ro no Kisetsu)* – Flower and Vase (*Ro* Season) 40  
*Hana to Hana-ire (Furo no Kisetsu)* – Flower and Vase (*Furo* Season) 42  
*Kama (Ro no Kisetsu)* – Kettle (*Ro* Season) 44  
*Kama (Furo no Kisetsu)* – Kettle (*Furo* Season) 46  
*Chawan* – Tea Bowl – *Raku* 48  
*Chawan (Korai)* – *Korai* Tea Bowl 50  
*Chawan (wamono)* – Japanese Tea Bowl 52  
*Chawan (iro-e)* – Painted Tea Bowl 54  
*Chasen* – Tea Whisk 56  
*Kobukusa* 58  
*Cha-ire* – Thick Tea Container 60  
*Shifuku* – Pouch for the *Cha-ire* 62  
*Usuki* – Thin Tea Container 64  
*Chashaku* – Tea Scoop 66  
*Mizusashi* – Fresh Water Container 68  
*Kensui* – Waste Water Container 70  
*Hishaku* – Ladle 72  
*Chakin* 74  
*Sumi dōgu* – Charcoal Utensils 76  
*Kō to Kōgō* – Incense and Incense Container 78  
*Kaiseki* 80